

Quiet Time

LET HIS WORD SPEAK INTO YOUR LIFE

LUKE 21:37-38
DR. FAVOUR IBOM

Matthew 6:16-18 (NIV)

¹⁶ “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Introduction

Quiet
Time

LUKE 21:37-38

OUR VISION

To raise up anointed disciple-makers who are empowered to change their world for Christ.

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LUKE 21:37-38

2021 IS OUR YEAR OF KINGDOM ADVANCEMENT

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LUKE 21:37-38

Luke 12:32 (NIV)

³²“Do not be afraid, little flock, for your Father has been pleased to give you the kingdom.

8 Steps

TO DEEPENING YOUR QUIET TIME WITH GOD

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LUKE 21:37-38

Reserve

RESERVE A TIME AND A PLACE
TO MEET WITH GOD IN YOUR QUIET TIME

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LUKE 21:37-38

Luke 21:37–38 (NIV)

37 Each day Jesus was teaching at the temple, and **each evening he went out to spend the night on the hill** called the Mount of Olives, 38 and all the people came early in the morning to hear him at the temple.

Rejoice

REJOICE BEFORE GOD IN WORSHIP
AS YOU START YOUR QUIET TIME

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LUKE 21:37-38

Psalm 95:6 (NIV)

6 Come, let us bow down in worship, let us kneel
before the Lord our Maker;

Psalm 22:3 (NKJV)

3 But You are holy, **Enthroned in the praises of Israel.**

Psalm 99:5 (NIV)

5 Exalt the Lord our God and worship at his footstool; he is holy.

Receive

RECEIVE THE WORD OF GOD
IN YOUR QUIET TIME BY
READING, LISTENING AND STUDYING IT

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Acts 17:11 (NIV)

11 Now the Berean Jews were of more noble character than those in Thessalonica, for **they received the message with great eagerness and examined the Scriptures every day** to see if what Paul said was true.

2 Timothy 3:16–17 (NIV)

16 All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, 17 so that the servant of God may be thoroughly equipped for every good work.

Reflect

REFLECT ON THE WORD OF GOD
THAT YOU HAVE JUST READ IN YOUR
QUIET TIME AND MEDITATE ON IT ALL DAY

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Psalm 119:97–99 (NIV)

97 Oh, how I love your law! **I meditate on it all day long.** 98 Your commands are always with me and make me wiser than my enemies. 99 I have more insight than all my teachers, for I meditate on your statutes.

Record

RECORD WHAT GOD IS TEACHING YOU
FROM HIS WORD IN YOUR QUIET TIME

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Habakkuk 2:2 (NIV)

2 Then the Lord replied: “**Write down the revelation** and make it plain on tablets so that a herald may run with it.

Remember

REMEMBER WHAT YOU READ
FROM THE WORD OF GOD
IN YOUR QUIET TIME AND DO IT

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James 1:22–25 (NIV)

22 Do not merely listen to the word, and so deceive yourselves. Do what it says. 23 Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror 24 and, after looking at himself, **goes away and immediately forgets what he looks like.** 25 But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

APPLICATIONS acronym from Rick Warren:

- Attitude to adjust
- Promise to claim
- Priority to change
- Lesson to learn
- Issue to resolve
- Command to obey
- Activity to avoid or stop
- Truth to believe
- Idol to tear down
- Offense to forgive
- New Direction to take
- Sin to confess

Request

**PRESENT YOUR REQUEST TO GOD
BY PRAYING IN YOUR QUIET TIME**

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Philippians 4:6 (NIV)

6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, **present your requests to God.**

Relay

RELAY WHAT GOD HAS TAUGHT YOU
IN YOUR QUIET TIME TO YOUR FRIENDS

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Philemon 6 (ESV)

6 and I pray that **the sharing of your faith may become effective** for the full knowledge of every good thing that is in us for the sake of Christ.

Experts say that we **remember** only:

- 10% of what we **read**
 - 20% of what we **hear**
 - 30% of what we **see**
 - 50% of what we **see and hear**
 - 70% of what we **say**
 - 90% of what we **say and do**
- (Bobbi DiPorter's 'Quantum Learning')

Conclusion

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8 Steps to Deepening Your Quiet Time with God

1. **RESERVE**
2. **REJOICE**
3. **RECEIVE**
4. **REFLECT**
5. **RECORD**
6. **REMEMBER**
7. **REQUEST**
8. **RELAY**

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